



## Lunch

**Beer Battered Fish Finger Sandwich**  
Sustainable Shetland Haddock & Homemade Tartar Sauce £5.95

**Warm Spiced Tofu Sandwich**  
Pumpkin Hummus, Lettuce & Beef Tomato £5.50

**Mr Frost's Salt Beef Sandwich**  
Slow Cooked & Served with Dijon Aioli & Sliced Pickles £5.95

**Homemade Soup of the Day**  
With Croutons, Granary Bread & Butter £4.75

### **Soup & Any Sandwich for £9.25**

**Mushroom & Lentil Shepherd's Pie**  
Celeriac Mash Top & Roasted Root Vegetables £10.25

**Beer Battered Shetland Haddock & Chips**  
Minted Mushy Peas & Tartar Sauce £8.95/£12.50

**The Parlour Burger**  
Two 4oz Ground Chuck Steak Patties with  
Melted Monterey Jack, BBQ Ketchup, Lettuce,  
Red Onion, Tomato & Hand Cut Chips £10.95  
**Add Dry Cured Bacon** £1.00

## KIDS MENU

Fish Fingers, Chips & Peas	<b>£4.95</b>	Fried Egg, Chips & Beans (v)	<b>£4.25</b>
Sausage, Mash & Beans	<b>£4.95</b>	Cheese Burger & Chips	<b>£4.95</b>

Please inform staff of any allergies you may have. Allergens chart available on request



## STARTERS

Miniature Pigeon Pie Crispy Kale & Reduced Game Gravy	£5.95	Quail "Scotch" Eggs (v) Wrapped in Vegetarian Haggis with Tarragon Salsa	£5.50
Homemade Soup of the Day (v) Croutons, Granary Bread and Butter	£5.25	Devilled Mackerel Pâté Smoked Mackerel Pâté with Devilled Sauce & Crostinis	£5.50

## MAINS

Parlour Double Cheese Burger Two 4oz Ground Chuck Steak Patties with Melted Monterey Jack, BBQ Ketchup, Lettuce, Red Onion, Tomato and Hand Cut Chips	£10.95	<b>Mushroom &amp; Lentil Shepherd's Pie (v)</b> Celeriac Mash Top & Roasted Root Vegetables	£10.25
Add Dry Cured Bacon	£1.00		
Baked Coalfish & Clams Coley Topped with Baked Tomato Coulis & Herb Crust Steamed Clams, Potato Fondant & Chervil Sauce	£13.95	Beer Battered Shetland Haddock Hand Cut Chips, Manchester Caviar & Home Made Tartar Sauce	£12.50
Beetroot, Walnut and Stilton Wellington (v) Honeyed Rainbow Carrots, Roasted Salsify & Plum Tomato Puree	£10.75	Rolled Cheshire Belly Pork Bury Black Pudding, Spiced Apple Purée, Roasted Bubble and Squeak & Grain Mustard Sauce	£15.95

## STEAK OF THE DAY

Sourced from W.H. Frost's in Chorlton.  
Please ask for today's cut, weight, garnish and price.

## SIDES

Hand Cut Chips	£3.50	Mixed Marinated Olives	£2.95
Dressed Side Salad			£2.95

Please inform staff of any allergies you may have. Allergens chart available on request.



## Lunch

<b>Beer Battered Fish Finger Sandwich</b> Sustainable Shetland Haddock & Homemade Tartar Sauce	£5.95
<b>Warm Spiced Tofu Sandwich(v)</b> Pumpkin Hummus, Lettuce & Beef Tomato	£5.50
<b>Mr Frost's Salt Beef Sandwich</b> Slow Cooked & Served with Dijon Aioli & Sliced Pickles	£5.95
<b>Homemade Soup of the Day(v)</b> With Croutons, Granary Bread & Butter	£4.75
<b>Crispy Buttered Jacket Potato(v)</b> With Homemade Cheesy Beans	£5.75
With Veggie Shepherd's Pie Filling	£6.25
<b>Mushroom &amp; Lentil Shepherd's Pie(v)</b> Celeriac Mash Top & Roasted Root Vegetables	£10.25
<b>Beer Battered Shetland Haddock &amp; Chips</b> Minted Mushy Peas & Tartar Sauce	£8.95/£12.50
<b>Sweet Potato and Chia Seed Burger (v)</b> Spiced Patty with Black Eyed Peas, Creamy Garlic, Mint & Cucumber With Hand Cut Chips	£9.50
<b>The Parlour Burger</b> Two 4oz Ground Chuck Steak Patties with Melted Monterey Jack, BBQ Ketchup, Lettuce, Red Onion, Tomato & Hand Cut Chips	£10.95
<b>Add Dry Cured Bacon</b>	£1.00

## KIDS MENU

Fish Finger s, Chips & Peas	£4.95	Fried Egg, Chips & Beans (v)	£4.25
Sausage, Mash & Beans	£4.95	Cheese Burger & Chips	£4.95

Please inform staff of any allergies you may have. Allergens chart available on request



## STARTERS

### Prosciutto & Roasted Fig

Bascaiola Olives, Rocket & Aged Balsamic Glaze

£5.95

### Homemade Soup of the Day (v)

Served with Granary Bread & Butter

£5.25

### Devilled Prawn Cocktail

Greenland Prawns Smothered In Spicy Devilled Sauce  
Baby Gem, Red Onion & Crispy Shallots

£6.25

### Wild Mushroom Pate (v)

Cranberry Glaze, Toasted Ciabatta & Truffle Oil

£5.50

## ROASTS

Served with Roast Potatoes, Creamy Mashed Potato,  
Honey Roasted Carrots, Herb Buttered Greens, Gravy & a Giant Yorkshire Pudding

### Roast Dry Aged Topside of Beef

£13.95

### Roast Loin of Middle White Pork

with Home Made Apple Sauce & Crackling **£13.95**

### Cashew, Walnut & Hazelnut Roast (v)

£12.50

### Kids Roast

£6.95

## EXTRAS

### Roasted Potatoes

£3.50

### Herb Buttered Greens

£2.95

### Jug of Homemade Gravy

£1.95

### Giant Yorkshire Pudding

£1.50

Please inform staff of any allergies you may have. Allergens chart available on request.



## **Sticky Toffee Pudding**

Butterscotch Sauce & Vanilla Custard

**£5.95**

## **Chocolate Orange Marquis**

With Chocolate Shard, Whipped Cream  
& Spiced Orange Syrup

**£5.25**

## **Lime Posset**

With Coconut Shortbread

**£5.25**

## **A Selection of British Cheeses**

with Crackers & Tomato Chutney

**For one £5.95**

**For two £8.95**

Add a 50ml glass of Krohn 1982 Colheita Port for **£4.50**